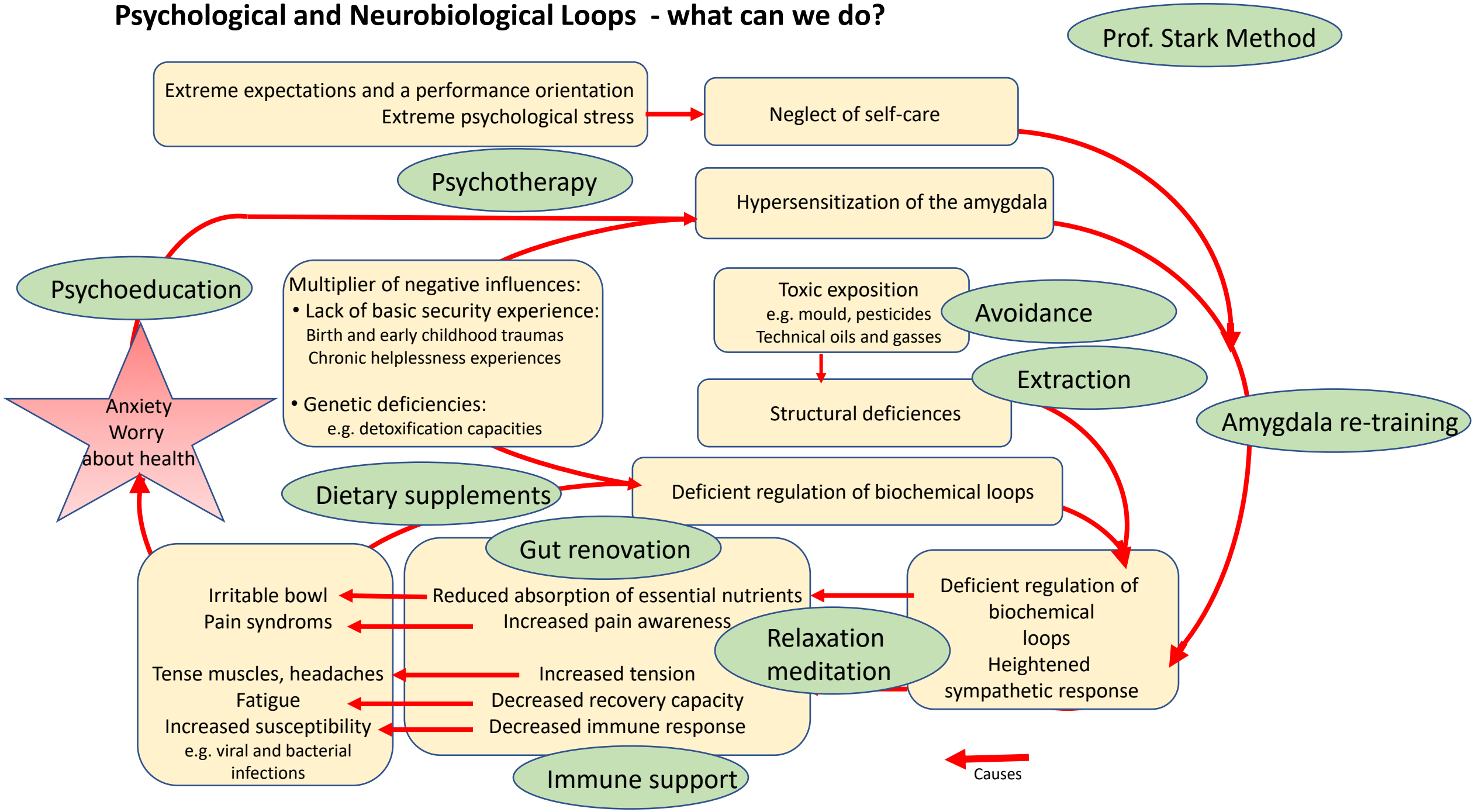Psychological and Neurobiological Loops - what can we do?